



ABSTRACT

Eating our way to the top

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The more than 7 billion humans alive today occupy a wide range of environments on every continent. Can our success be attributed in part to our unique diet? Though we share many dietary habits with our great ape relatives, features like an increased reliance on meat, cooking, agriculture, and industrialization have appeared at various times throughout our evolutionary history, and are associated with major physical, social, and perhaps cognitive developments.

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